



**Southside Area Service
Danville, VA
Sunday December 1, 2019**



Meeting opens with the Serenity Prayer at 2 pm

12 Traditions read by: Nancy

12 Concepts read by: Paul

Purpose read by: Helen

Open forum for 15 minutes: Helen suggested adding Co-Chair positions to Sub-committees and mentorship to prepare members for service work at the Area Service level. Discussed hosting events that promote unity in our area and the possibility of hosting a quarterly workshop event to educate members on service work.

Roll Call by Secretary

Trusted Servant	Name	Present/Not Present
Chair	Kim A.	present
Vice Chair	Paul	present
Treasurer	Jeanine	present
Co-Treasurer	Vacant	vacant
Secretary	Barb	present
RCM	Sue N.	present
Alt RCM	Helen	present
H&I Chair	Helen	present
PR Chair	Cameron	present
Literature	Vacant	vacant
Policy	Mike	absent
Activities	Krista	present

Home groups

Name	Attendance	Representative
1. A New Beginning	absent	Dee
2. A New Hope	present	Krista
3. Gretna NA Group	absent	Jimmy
4. Living Clean The Journey Continues	present	Jeanine
5. Never Alone, Never Again	present	Cameron
6. New Attitudes	absent	Sharon
7. New Beginnings	absent	absent
8. New Vision	absent	Mike
9. Not A Good Day for Relapse	absent	Jerry
10 Recovering Renegades	absent	absent
11. Recovering Vigilantes	present	Nancy S.
12. Solutions W/ Serenity	present	Scottie

13. Spiritual Principles	absent	absent
14. Step into Serenity	present	Sue N.
15. Steps to Freedom	absent	Tiffany
16. Steps to Recovery	present	Barb
17. Stick & Stay	present	Jenny
18. Survivors	absent	Lawson
19. We do Recover	absent	Jimmy

Review of minutes for November: Minutes for November were not voted on.

Executive Body Reports

Chair: Regretfully last month we ended our meeting very abruptly because at 3pm I was told by one of our GSR's that we had to give up the room immediately. I am not sure we adequately did our service to the groups we serve. During the past month I called the facility to confirm we must be out by 3 and was told we do not have to be out of the building by 3. If another group needs the room, we just have to move to another room to finish our business.

- I placed our November Literature order for 4 groups. ALL GROUPS must use the new order forms. You can tell you have a new order form if the amount of the basic text shown on your form is \$12.15.
- I trained the new web-servant, and put together an agenda for today's meeting so that I would be sure to not miss anything that we are responsible to address.
- I showed up during subcommittee time so that I could participate in the service we as an area are trying to provide.

Thank you for allowing me to serve,
Kim A

Vice-Chair: No report

RCM:

Report for December

Hello family. Next region meeting is Dec. 21. Region positions open vice treasurer, H and I, and policy.

This will be my last region for a while, it has been a privilege to serve. We need to vote on a couple of

motions to vote on: 196=6: To budget \$900.00 for Survey Monkey to purchase one year subscription for

three user, which will enable technological capability to directly conscience of CARNA region. Pro: money will allow better access to those members not participating in service structure to give their conscience heard. Motion 196-2: For regional events/workshops that the RCM from particular quadrant be included in decision making as to which area will host event.

CAR-Cat meetings begin in February. Our quadrant 3 will be March 7,2020, location to be announced.

The Autonomy Zonal meeting will be January 26-27, in Charlottesville at UVA/Marriott .

You can purchase Car for 13.50 from NA World Services.

Thanks for the privilege to serve. In loving service Sue N.

Alt RCM:

RCM –ALT Report December 2019

Hello All, At the annual 2-day event in Fredericksburg, the first day was amazing, I found it quite interesting that overall discussions from all the areas that attended, came back to education and training as the area's that we need to focus our attention on, to further our primary purpose, which goes back to our discussions here at our ASC meeting in October. The 2nd day was our RSCM; 9 out of 16 areas attended. The following positions are open:

1-**Vice treasurer:** Open (open since 173rd) no nominees at 198.

2-**Policy chair:**-No nominations.

3-**H&I:** - No nominations

4-**Vice chair:** Antionette B (pro temp) was nominated by Joe 2nd by Roland after she stated her qualifications, and Pro/Cons were state, the **Vote was 8/0/0**

Our Chair, Etta F brought to light in her report that we are coming up on our 200th RSC by stating the following....

We are coming up on our 200th RSC which is testament to our willingness to serve. I would love to have a celebration in December with food and the bringing of a member to commemorate it.

In Loving Service,

Etta F

Also as Sue mentioned in her report last month regarding the "CAR-CAT" meetings beginning in February in each quadrant; we are in quadrant 3 so our meeting will be March 7, 2020, this is incorrect as I have confirmed date, time and location. This will be at Trinity United Methodist Church on January 18th starting at 10am promptly, ending around 2pm, this is for our Quadrant 3, Vice Chair, Antoinette B reported Quadrant 2, 3 &4 will follow back up we have tentative locations will be solidified by the end of the week will be ready for the information to send to the webmaster the 2020 year will meet the requirement of subcommittee being scheduled in advance. Quad 3 has been confirmed in this report today, and sent to RSC.

Our Regional Convention is AVCNA 38 -Friday, 10 January 12:00 AM - Sunday, 12 January 12:00 AM

Virginia Beach Convention Center - Virginia Beach, VA

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And The *Autonomy Zonal Forum - Hosted by the Central Atlantic Region 2-Day Event* will be held **Saturday, 25 January 12:00 AM - Sunday, 26 January 12:00 AM** Sat: Courtyard Charlottesville, Sun: University of Virginia Medical Center - Charlottesville, VA

Under New Business that must go **back to groups**...

Motion: 199-6 Mover: RD Team 2nd Michael L Survey monkey was used to improve our ability to take the conscience of the members at the region directly and efficiently during the regional planning process.

Money matter:

Intent: To provide the funds necessary to allow multiuser use of survey monkey. **Motion:** To budget \$900.00 for the purchase of a one year 3 user subscription to survey monkey which will provide us with the technological capability to directly take the conscience of the of the CARNA region. Pro \$ spent may allow better access to members not participating in service structure to get their conscience.

For more information and other activities going on during the holidays visit our new regional website at <https://centralatlanticregionofna.org/>

next regional meeting is Dec 21st, 2019 Charlottesville VA

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ILS, Helen M, ALT RCM

Treasurer:

SOUTHSIDE AREA MONTHLY TREASURER'S REPORT

Date December 1, 2019

BEGINNING BALANCE		<u>\$890.35</u>	
GROUP DONATIONS			
A NEW BEGINNING			
A NEW HOPE			
LIVING CLEAN THE JOURNEY CONTINUES		<u>\$21.77</u>	
NEVER ALONE			
NEW ATTITUDES			
NEW BEGINNINGS			
NEW VISION		<u>\$40.00</u>	
NOT A GOOD DAY FOR RELAPSE		<u>\$26.00</u>	
RECOVERING RENEGADES			
RECOVERING VIGILANTES			
RUDE AWAKENINGS			
SOLUTIONS WITH SERENITY		<u>\$43.07</u>	
SPIRITUAL PRINCIPLES			
STEPS INTO SERENITY		<u>\$10.35</u>	
STEPS TO FREEDOM			
STEPS TO RECOVERY			
STICK AND STAY		<u>\$45.00</u>	
SURVIVORS			
TOTAL GROUP DONATIONS			<u>\$186.19</u>
OTHER INCOME	(Chili Cook-off)	<u>\$65.00</u>	
LITERATURE		<u>\$66.33</u>	
TOTAL INCOME			<u>\$317.52</u>
LESS EXPENSES			
CHECK #	PAYEE		AMOUNT\$
<u>2357</u>	<u>Tiffany Millner</u>		<u>\$10.14</u>
<u>2358</u>	<u>Free State</u>		<u>\$73.65</u>
<u>2359</u>	<u>Free State</u>		<u>\$127.96</u>
<u>2360</u>	<u>Free State</u>		<u>\$99.44</u>
<u>2361</u>	<u>TUMC</u>		<u>\$15.00</u>
	Total Expenses		<u>\$326.19</u>
ENDING BANK BALANCE			<u>\$ 881.68</u>
<i>LESS PRUDENT RESERVE</i>			<u>\$ 800.00</u>
TOTAL AVAILABLE			<u>\$ 81.68</u>
TOTAL AVAILABLE WITHOUT LITERATURE			<u></u>
REGIONAL DONATION	<u>\$24.50</u>		

Southside Area 2020 Budget

	1st Quarter	2nd Quarter	3rd Quarter	4th Quarter
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Income

Total

Donations	\$425.00	\$425.00	\$425.00	\$482.67	\$1757.67
Literature	\$383.12	\$383.12	\$393.18	\$402.36	\$1561.78
Other (Act. ?)	\$50.00	\$50.00	\$50.00	\$50.00	\$200.00
Total	\$858.12	\$858.12	\$868.18	\$935.03	\$3519.45

Expenses

H & I	\$75.00	\$75.00	\$75.00	\$75.00	\$300.00
Activities	\$75.00	\$100.00	\$75.00	\$150.00	\$400.00
Lit. Shipping	\$23.05	\$53.28	\$25.02	\$27.32	\$128.67
Literature	\$383.12	\$383.12	\$393.18	\$402.36	\$1561.78
Phone	\$0.00	\$0.00	\$0.00	\$128.00	\$128.00
Policy	\$20.00	\$20.00	\$20.00	\$20.00	\$80.00
PR	\$63.18	\$63.18	\$126.36	\$322.28	\$575.00
Rent	\$15.00	\$15.00	\$15.00	\$20.00	\$65.00
Secretary	\$15.00	\$15.00	\$15.00	\$15.00	\$60.00
Treasurer	\$10.00	\$10.00	\$10.00	\$10.00	\$40.00
Web	\$0.00	\$0.00	\$117.00	\$0.00	\$117.00
P.O. Box	\$64.00	\$0.00	\$0.00	\$0.00	\$64.00
Totals	\$743.35	\$734.58	\$871.56	\$1169.96	\$3519.45

Co- Treasurer: Vacant

Subcommittee Reports:

Hospitals & Institutions:

Hello All,

H&I is still in need of volunteers, now it is for Monday night hospital meeting, this meeting runs from 6:30-7:30pm, men and women both needed. I spoke with Chaplin Abernathy about the men's meeting getting started, and he stated he would be talking with Captain Martin and getting back to me. We are looking at Wednesday's from 6:30-7:30pm. He

also stated the importance of our engagement, and showing up weekly, as scheduled once this commitment is arranged.

Women's meeting is still well attended, and this month coming I will be reaching out to the new women, to work them into the schedule.

As the year is ending, I am hoping that you all can take back to your home groups, and ask for those with willingness to step up as H&I chair, it has been an honor to serve, however, with purchasing a home, the renovations, moving, etc. and taking over the company that I work for, I need to open some time in my schedule for other commitments. I have been serving H&I for the 10 years I have been in recovery, and will be back when my schedule permits however when my term ends, I will be stepping down. I have the willingness to mentor, but I will not do it alone.

ILS, Helen M, H&I Chair

Public Relations:

- Phone Line: Verbal report given by Cameron; there were 9 calls this month, 2 of them were NA related and were looking for meetings outside of our area. Cameron would like the GSR's to announce the need for phone line volunteers and bring back names of those interested to next Area Service so that he can schedule a phone line orientation.
- Web-servant: November minutes were posted on the website.

Literature: Literature Chair position is currently vacant. Paul will be taking literature orders until position is filled.

Policy: Absent / no report

Activities: Verbal report given by Krista; Activities requested a check for \$150.00, payable to Sheldon Banks for D.J. services at the upcoming New Year's Eve event. Krista has been trying to get speakers for this event and is currently waiting for confirmation from people she has contacted. The theme for this year's event is "Walking the walk, talking the talk". Set up will begin at 4:30 pm those that are available to assist with that. Please bring a covered dish as this is a pot-luck event.

Home Group Reports:

A New Beginning: no report / no donation

A New Hope: no report / no donation

Gretna NA: no report / no donation

Living Clean: no report / no donation

Never Alone, Never Again: no report / no donation

New Attitudes: no report / no donation

New Beginnings: no report / no donation

New Vision: no report / no donation

Not a Good Day for Relapse: no report / no donation

Recovering Renegades: no report / no donation

Recovering Vigilantes: The group will be celebrating 34 years on December 4, 2019 at 7:30 pm. No donation

Solutions W/Serenity: All is well with Solutions with Serenity. We are having our group anniversary on December 7, 2019 from 2-6. Fun, food and fellowship. Two speakers so please come out and help support, all are welcome! Donation of \$38.00

In loving service, Scottie

Spiritual Principles: no report / no donation

Step into Serenity:

Meeting attendance 5-14. With 7 home group members. We have a donation of \$20.00. No anniversaries in January but Dawn K. will be celebrating 24 years February 14. Thanks for the privilege of serving. In loving service Sue N.

Steps To Freedom: no report / no donation

Steps to Recovery: This meeting is well attended but is in need of Home group members and trusted servants. No donation
In loving Service, Barb S

Stick n Stay: no report / no donation

Survivors: no report / no donation

We Do Recover: no report / no donation

Old Business: the motion from the Living Clean the Journey Continues homegroup which was submitted in November and given to the Activities Sub-committee will now be taken back to Home groups to vote on.

Motion to add to our activities subcommittee events a service related event, called "Why and How We Serve", to be held the day prior to our December ASC. The agenda for this event is to be decided upon at this table, but is to include mandatory orientations for everyone who will run for election or reelection the following day. The event is to be facilitated by the outgoing chair and vice chair.

Ideas:

- Part of the day could entail inviting speakers from outside our area to share their experience (10 or 15 minutes) with the position.
- Another part of the agenda could include the outgoing trusted servant sharing on their experience with the commitment – things the new person might find useful or the difficulties they encountered in trying to do the commitment.
- Food
- Round Table Workshops facilitated by our RCM and alternate RCM

Intent: To foster unity within our area and support to our trusted servants.

Regional Motion 196-6 was voted on by the body at Area service and the motion failed 1/3/3.
Regional Motion 196-2 was voted on by the body at Area Service and it passed 6/0/1.

New Business:**Available Regional Commitments and Elections – Home Groups must vote**

Elections: All Nominations and Volunteers are to be brought to the ASC in December and Voted on in January. GSR's please take these positions to Home Groups for nominations as all positions are open and to be voted on at next Area Service. **Please vote on the following.**

Executive Committee:

Chair: Paul Nominated and Accepted (Home Groups must bring their conscience in January)

Vice Chair: - no nominees

Treasurer: - no nominees

Co-treasurer: - no nominees

Secretary: - no nominees – Barb said she would be willing to serve another term (Home Groups must bring their conscience in January)

Subcommittees:

Policy: - no nominees

Activities: - Krista volunteered (Home Groups must bring their conscience in January)

Literature: - no nominees – Paul will submit the December order

H&I: - No nominees

PR: - No Nominees – Cameron said he would be willing to serve another term (Home Groups must bring their conscience in January)

Next Area Service will be January 2, 2020

Sub committees meet at 1pm

Area service begins at 2pm

Motion to close: Krista

Seconded by: Paul

ASC closed at: 3:30pm

Please email your reports to bspina1238@gmail.com so that I can add them to the minutes. All GSR's please take detailed notes so that you may have discussion within your home group.

Thank you, in loving service, Barb S.

PS - homegroups must discuss the budget attached