



Southside Area Service  
Martinsville, VA  
Sunday, December 7, 2014,



Meeting Open with Serenity Prayer at 2pm  
12 Traditions read by Alex  
12 Concepts read by Braxton  
Purpose read by Rick

**Open forum:**

- What does \$1200 prudent reserve cover? Answer: 3 months of expenses. Monthly expenses are about \$350
- Can we designate someone at the Area level to communicate with the web servant any changes that need to be made to the web site. Vice Chair is willing to take on that responsibility.
- Some of old timers are discussing editing the How It Works and take out the part about alcohol. Will be a discussion over the next two or three years. Purpose of taking it out is to not separate alcohol from any other drug. Would like input on this. There will be a web site to discuss this and will be announced.
- Meeting list order was submitted to printer.

**Roll Call:**

Trusted Servant	Name	Present/Not Present	Report / verbal / written
Chair	Doug	Present	
Vice Chair	Randy	Not Present	
Treasurer	Dave	Present	Written
Co-Treasurer	Vacant		
Secretary	Amy	Present	
RCM	Andrew	Not Present	
Alt RCM	Vacant		
H&I Chair	Donna	Present	
PR Chair	Lawson	Not Present	
Literature	Chris	Present	
Policy	Vacant		
Activities	Jeffrey	Present	Written

**Home Groups Roll Call:**

<b>Name</b>	<b>Representative</b>
1. A New Beginning	William
2. A New Hope	
3. Living Clean The Journey Continues	Toy
4. Never Alone, Never Again	Rick
5. New Attitudes	Randolph
6. New Beginnings	
7. New Vision	Amy
8. Recovering Renegades	
9. Recovering Vigilantes	Helen
10. Rude Awakenings	Alex
11. Solutions W/ Serenity	Kenny
12. Spiritual Principles	
13. Steps to Freedom	
14. Stick & Stay	Dana
15. Survivors	
16. Steps to Recovery	Gerald

**November Area Minutes accepted 10-0-0****Elections (Available Positions):**

- Administrative Committee Positions: Treasurer, Co-treasurer, RCM, Alternate RCM
- Sub-Committee Positions: Policy, Activities

**Treasures Report: SOUTHSIDE AREA TREASURER'S REPORT****December 7,2014**

	<b><u>BALANCE</u></b>	<b><u>BEGINNING</u></b>
		<b>1792.45</b>
A NEW BEGINNINGS	50.00	
A NEW HOPE	15.00	
LIVING CLEAN THE JOURNEY CONTINUES		
NEVER ALONE	10.00	
NEW ATTITUDES	20.00	
NEW BEGINNING		
NEW VISION	10.00	
RECOVERING RENEGADES		
RECOVERING VIGILANTES	30.00	
RUDE AWAKENINGS		
SOLUTIONS WITH SERENITY		
SPIRITUAL PRINCIPLES	5.00	
STEPS TO FREEDOM		
STICK AND STAY	10.00	
SURVIVORS	10.00	
<b>TOTAL GROUP DONATIONS</b>	<b>160.00</b>	
<b><u>OTHER INCOME</u></b>		

Literature Chair 90.80

**TOTAL OTHER INCOME 90.80**

**TOTAL INCOME 250.80**

**TOTAL AVAILABLE 2043.25**

**EXPENSES**

<b>CHK#</b>	<b>PAYEE</b>	<b>AMOUNT</b>
2147	Central Atlantic Region (donation)	139.92
2148	Halifax Regional Hospital (rent)	5.00
2149	Free State Regional Service Center (Lit. order)	181.02

**TOTAL EXPENSES 325.94**

**ENDING BALANCE 1717.31**

**LITERATURE**

GROUPS	90.80
H&I	
PR	
<b>TOTAL</b>	<b>90.80</b>

**REGIONAL DONATION**

<b>ENDING BALANCE</b>	<b>1717.31</b>
<b>MINUS PRUDENT RESERVE</b>	<b>1200.00</b>
	<b>517.31</b>
<b>MINUS TOTAL LITERATURE</b>	<b>90.80</b>
	<b>426.51</b>
<b>MULTIPLY X .3 (30%)</b>	
<b>TOTAL REGIONAL DONATION</b>	<b>127.95</b>

## Southside Area of NA Proposed Budget for 2015

Subcommittee/expense	2014 Budget	Proposed 2015 Budget
Activities	\$300.00	\$300.00
Secretary Expense	\$60.00	\$60.00
P.O. Box Rental	\$48.00	\$58.00
Room Rent	\$60.00	\$60.00
H&I Literature	\$240.00	\$240.00
Helpline (phone card)	\$120.00	\$120.00
Literature (shipping)	\$348.00	\$348.00
PR Literature	\$240.00	\$240.00
PR Meeting Lists	\$60.00	\$160.00
RCM (travel expense)	\$300.00	\$300.00
Website	\$180.00	\$120.00

<b>Total:</b>	<b>\$1956.00</b>	<b>\$2006.00</b>

## Notes :

1. P.O. Box rent went up 10.00 this year.
2. The price to print meeting lists increased dramatically. The PR subcommittee was close to going over budget by August 2014 and as an Area we voted to increase the PR budget by \$100.00 so PR could continue its work. I have included this \$100.00 in the new PR budget in the "PR Meeting List "column.
3. The cost of the Area website has been consistent for the past two years. The proposed budget reflects the actual cost.

Hospitals & Institutions (H&I):

**Public Relations (PR):****Regional Committee Member (RCM):**

Hello Family,

I apologize for not being at area this month. I had plans that I had already made. I did leave a voicemail on the Chair's phone letting him know I would not be attending.

I have nothing to report other than the RSC will be on Dec. 20 in Charlottesville, VA at 11 a.m. I will get the votes for the motions that were brought back last month from the minutes.

In loving service,

Andrew D

**Literature Committee:**

Hello Family,

There are flyers on a few of the new products available if anyone is interested. I also wanted to thank you for the opportunity to serve as Literature Chair for the Southside Area. Gary T. is our new literature chair and again, I thank you.

In Loving Service,

Chris B.

**Activities:** Regional Speaker Jam March 21 at Halifax Regional Hospital, South Boston.

We will be having a holiday party on December 20<sup>th</sup>. We will be playing Cleano and doing a gift exchange called Dirty Santa (Bring a cheap wrapped gift if you can)

I have been in communication with the regional speaker jam person and the theme for our March speaker jam will be "The War is Over, But the Battle Has Just Begun."

I want to thank the area for allowing me to serve as Activities Chair for 2014. It has been a wonderful year.

In Loving Service,  
Jeffrey

**GSR Reports:**

Name	Representative	Donation	Report – Written or Verbal
1. A New Beginning	William	\$45	Written
2. A New Hope			
3. Living Clean The Journey Continues	Toy		
4. Never Alone, Never Again	Rick		
5. New Attitudes	Randolph	\$15	
6. New Beginnings			
7. New Vision	Amy		
8. Recovering Renegades			
9. Recovering Vigilantes	Helen	\$30	Written
10. Rude Awakenings	Alex	\$25	
11. Solutions W/ Serenity	Kenny	\$5.88	
12. Spiritual Principles			
13. Steps to Freedom			
14. Stick & Stay	Dana	\$20	Written
15. Survivors			
16. Steps to Recovery	Gerald		

**Home Group reports**

**Living Clean the Journey Continues:**

Hello Family,

Our meetings are going well and meeting attendance seems stable. Today we will be making a motion to change the RCM term from "1 year, 6 month commitment" to "2 year 6 month commitment." We are recommending this change for the continuity of service.

We would also like to nominate Andrew to serve as RCM again this coming year.

In Loving Service,  
Dave M.

**Rude Awakenings:**

Hi Family,

Rude Awakenings is moving forward one day at a time. Attendance is great especially the noon meetings. We are struggling with active home group members to participate in service positions but we will carry on. We have a donation of \$25 this month.

In Loving Service,  
Alex S.

**A New Beginning:**

Hi Family,

All is well with our home group. We have an addict, Earl O., celebrating 3 years clean on Thursday, January 1<sup>st</sup> at 6pm meeting at the hospital.

Our home group voted on the 3 motions sent back from area.

We also brought back a nomination for treasurer for area.

We have a \$45 donation today.

In Loving Service,  
Gail F.

**Recovering Vigilantes:**

Good afternoon Family,

Recovering Vigilantes Home Group would like to report all is well. On December 3, 2014, we had our 30<sup>th</sup> year home group anniversary with great support for the event, thank you all that were able to attend. We would like to share that we have made some changes to our home group service positions: Wendell S. has been our secretary for the 2014 term, and Kevin Y. is going to be our new secretary starting in January. We will be discussing and voting on a new treasurer for 2015. We are excited to announce we have 2 new home group member, and also a \$30 donation.

In Loving Support,  
Helen M. (GSR)

**Stick and Stay:**

Hello Family,

All is well with the Stick N Stay home group. We have an addict celebrating in December. Holly T. is picking up 9 years on December 21<sup>st</sup> at the 5:30 meeting. It will be a speaker meeting.

We have a \$20 donation this month.

In Loving Service,  
Dana M.

**OLD BUSINESS:**  
**Motion 1 (Proposed Regional Budget) Passed 7-0-0**

Category	Expense	For	Approved 2014 Budget	Bi-monthly funding	Proposed 2015 Budget	
A Automatic, approved items on receipt	Chronicle	RSD & Answering Services	\$2,500.00	\$1,417.00	\$7,000.00	
	Mailbox	PO Box	\$75.00	\$13.00	\$60.00	
	Website	Host & Domain Expenses	\$150.00	\$25.00	\$250.00	
	Service Charges	Item Service Charges	\$35.00	\$5.00	\$20.00	
B RSC primary operations	Conferences	RSC Meeting Expenses: rent, food & beverage, AV equipment rental, & office supplies	\$750.00	\$125.00	\$600.00	
	Executive	Correspondence & report preparation & distribution expenses for RSC Chair and Vice Chair	\$300.00	\$50.00	\$100.00	
	RD Team	Correspondence & report preparation & distribution expenses for RD Team	\$100.00	\$17.00	\$100.00	
	Secretary	Secretary expenses associated with preparation & distribution of RSC minutes, reports, correspondence, and related office supplies	\$250.00	\$42.00	\$150.00	
	Treasurer	Treasurer expenses associated with preparation & distribution of reports, correspondence, and related office supplies	\$120.00	\$20.00	\$100.00	
	GSR Assembly	Expenses associated with meeting space rent, refreshments, food & beverage, & office supplies	\$1,500.00	\$250.00	\$1,500.00	
	*CAR Workshops	RSC pre-approved line item expenses associated with holding & multi-area workshops	\$1,200.00	\$200.00	\$1,200.00	
	***Zonal Forum	Expenses associated with holding Zonal Forum approximately every 3 years	\$400.00	\$67.00	\$0.00	
	Zonal Support	CANVA's portion of zonal expenses- i.e. web domain	\$3.00	\$0.50	\$3.00	
	C Travel, including up to \$35.00/day per diem	*WSC/RDA	Expenses associated with RDA attendance of bi-yearly WSC with \$25 per diem	\$2,000.00	\$167.00	\$2,000.00
**WSC/RDA-2		Expenses associated with RDA-2 attendance of bi-yearly WSC with \$55 per diem	\$2,000.00	\$167.00	\$2,000.00	
MARLCA/RD		Expenses associated with RD attendance of yearly MARLCA	\$400.00	\$67.00	\$400.00	
MARLCA/RDA		Expenses associated with RDA attendance of yearly MARLCA	\$400.00	\$67.00	\$400.00	
MARLCA/RDA-2		Expenses associated with RDA-2 attendance of yearly MARLCA	\$400.00	\$67.00	\$400.00	
AZ/RD		Expenses associated with RD attendance of Autonomy Zonal Forum	\$300.00	\$50.00	\$400.00	
AZ/RDA		Expenses associated with RDA attendance of Autonomy Zonal Forum	\$300.00	\$50.00	\$400.00	
AZ/RDA-2		Expenses associated with RDA-2 attendance of Autonomy Zonal Forum	\$300.00	\$50.00	\$400.00	
*RD Service Events (Non-WSC Years)		Expenses associated with RD attendance of approved World Service Workshops or multi-regional service events (i.e., learning days, conferences)	\$600.00	\$50.00	\$600.00	
**RDA Service Events (Non-WSC Years)		Expenses associated with RDA attendance of approved World Service Workshops or multi-regional service events (i.e., learning days, conferences)	\$600.00	\$50.00	\$600.00	
***RD2 Service Events (Non-WSC Years)		Expenses associated with RDA-2 attendance of approved World Service Workshops or multi-regional service events (i.e., learning days, conferences)	\$600.00	\$50.00	\$600.00	
D Subcommittee operations		Policy	Expenses associated with subcommittee meeting preparation & distribution of reports & correspondence, service related material, literature, and guideline printing (not to include refreshments)	\$300.00	\$50.00	\$300.00
		Project Driven	Expenses associated with subcommittee meeting preparation & distribution of reports & correspondence, service related material, & literature (not to include refreshments)	\$150.00	\$25.00	\$300.00

Proposed January 1 to December 31, 2013 Budget

E RSC secondary operations	Speakerjam	Expenses associated with subcommittee meeting preparation & distribution of reports & correspondence, service related material, & literature (not to include refreshments)	\$120.00	\$20.00	\$120.00
	Public Relations	Expenses associated with subcommittee meeting preparation & distribution of reports & correspondence, service related material, & literature (not to include refreshments)	\$300.00	\$50.00	\$300.00
	Hospitals & Institutions	Expenses associated with subcommittee meeting preparation & distribution of reports & correspondence, service related material, & literature (not to include refreshments)	\$300.00	\$50.00	\$300.00
	Hospitals & Institutions	Expenses associated with ISW project and live-streaming of meetings, inmate literature purchases, correction facility library literature purchases, and H&I presentations, and events or	\$1,200.00	\$200.00	\$1,000.00
	Speakerjams	RSC line-item approved expenses associated holding speakerjams in March & September each year including travel (\$500.00/jam)	\$1,000.00	\$167.00	\$1,000.00
	Overnight RSC	Overnight RSC expenses including overnight lodging, and food & beverage services (\$1500.00/overnight)	\$3,000.00	\$500.00	\$3,000.00
	RD Team**	Travel expenses associated with RSC approved RD team attendance at Area events when requested by the Areas	\$600.00	\$100.00	\$600.00
	Project Driven**	RSC approved expenses associated with communicating and/or visiting with isolated groups & interested ASC's including gas and long distance phone calls	\$0.00	\$0.00	\$0.00
	Equipment repair/maintenance/replacement	Repair, replacement, and maintenance of RSC laptop, projector, etc.	\$500.00	\$84.00	\$500.00
	Public Relations	Expenses associated with Professional conference & community event registrations, paid radio spots, professional contact data base production, annual PR mailing, printed materials for reports, training, presentations, and travel	\$2,000.00	\$334.00	\$1,500.00
Subcommittee Travel	Policy	Expenses associated with travel in the performance of duties outlined in policy		\$100.00	\$600.00
	Hospitals & Institutions	Expenses associated with travel in the performance of duties outlined in policy		\$100.00	\$600.00
	Public Relations	Expenses associated with travel in the performance of duties outlined in policy		\$100.00	\$600.00
	Speaker Jam	Expenses associated with travel in the performance of duties outlined in policy		\$100.00	\$600.00
	Ad Hoc	Expenses associated with travel in the performance of duties as defined by RSC when ad hoc is created		\$0.00	\$0.00
G Discretionary, expenses not included in budget	\$300 maximum	\$0.00	\$0.00	\$0.00	
			<b>\$30,755.00</b>	<b>\$5,047.50</b>	<b>\$30,663.00</b>

**Motion 2 (Real time updates to CARNA web site) Passed 7-0-1****MOTION 170-1 Post Marked Up Changes to Bylaws to CARNA Website (BACK TO GROUPS)****Mover: Chuck K. (HI& Chair) 2<sup>nd</sup> Rudolph C. (Rappahannock)****Description: The Bylaws (CAR Guidelines and Rules of Order) are posted and printed every February with the previous year's changes. During the year, changes are made and tracked by the policy subcommittee to add each January. A real-time update is needed on our website so everyone can have the most current policy.****Intent: To have the most current policy available to entire fellowship through our website.****Change to Policy: Add to Section IX, sub-article 9A (Policy Chair Duties), line 5. "Sends updated version of CARNA Guidelines and Rules of Order to Webmaster with all changes from previous RSC marked as follows: revisions in red and deletions struck-through."****a. Pro: Will reduce work for policy at the end of the year and reduce chance of error (Chuck K.,****b. Pro: Ensures we will have a current version of policy even in the absence of Policy Chair****c. Con: It will unduly burden the Webservant.(Kim A., RDA2)****d. Con: Unduly burden the Policy Chair with tasks following the RSC (Bill M., Vice-Chair****Motion 3 (Amend RD responsibilities) Failed 0-5-2****MOTION 170-2 Amend RD/RDA/RD2 Responsibilities (BACK TO GROUPS)****Mover: Almost Heaven Area 2<sup>nd</sup>: Toney W. (Tri Cities Area)****Intent: To more clearly define the responsibilities of the RD and the desires of the Areas and ROs. To allow a more informed and timely dissemination of information from the WSC.****Motion / Change to Policy: To amend the Central Atlantic Regional Guidelines and Rules of Order by inserting duty #11 for the Regional Delegate on page 13, Section IV, Paragraph 6A. All subsequent duties shall be re-numbered accordingly. 11. Provides a verbal report and answers questions from the RSC floor on information presented and the WSC at the first RSC following the WSC.****a. Con: Motion is out of order due to redundancy (Neal G., Treasurer)****b. Con: Sets a bad precedent. This would lead to policy changes for all RSC Officer duties allowing the body to state when and where. It is already stated in the policy: Rudolph C. (Rappahannock Area)****NEW BUSINESS:**

Donna was nominated for Treasurer. She will not have clean time until March. She is willing to take the position at that time.

Alex was nominated for Activities. He declined at this time.

Toy was nominated for PR chair. Voted in effective January 2015.



Amy was nominated to continue as Secretary for another year.

**-Treasurer submitted Proposed Budget 2015 for the Area (see Treasurer's report). Homegroups will bring back the vote at January area meeting.**

**-Motion sent to Home Groups to bring back vote in January:  
December 7, 2014**

**Motion By: Living Clean, The Journey Continues**

**Motion: To Change RCM requirements listed under III. Requirements, Duties, & Responsibilities of Trusted Servants. C. Regional Committee Member (RCM). This motion is to change term of service from "1 year 6 month commitment" to "2 year 6 month commitment."**

**Intent: Continuity of Service**

**Con: If we change the RCM to 2-1/2 year commitment, that will change Alt RCM to 3-1/2 year commitment.**

**Meeting for next month: January 4, 2014 in Danville**

Motion to close given by seconded by

In Loving Service,

Amy S.

Email: [asimpkins1976@gmail.com](mailto:asimpkins1976@gmail.com) if you have any reports that can be emailed. I will happily add them to the minutes. All GSR's please take detailed notes so that you may have discussions within your home group.

If you need your minutes mailed to you via USPS, please give me an envelope with your address on it. Thanks!!