



Southside Area Service
Danville, VA
Sunday, November 1, 2015



Meeting Open with Serenity Prayer at 2pm
12 Traditions read by Christie
12 Concepts read by Helen
Purpose read by Christa

Open forum:

- Lot of talk in Danville meetings about rooms being empty. Suggested to take it back to homegroups to see what we can do to make it better and how to carry message and get people back in meetings.
- Encourage people to participate with phone line. Push learning day.

Roll Call:

Trusted Servant	Name	Present/Not Present	Report / verbal / written
Chair	Dana	Present	
Vice Chair	vacant		
Treasurer	Donna	Present	Written
Co-Treasurer	Vacant		
Secretary	Amy	Present	
RCM	Andrew	Present	Written
Alt RCM	Gail	Present	
H&I Chair	Helen	Present	Written
PR Chair	Thomas	Present	Verbal
Literature	Dave	Present	
Policy	Paul	Not Present	
Activities	Vacant		
Phone Carrier	Durand	Present	Written

Home Groups Roll Call:

Name	Representative
1. A New Beginning	Gail
2. A New Hope	Christa
3. Living Clean The Journey Continues	Sue
4. Never Alone, Never Again	Austin
5. New Attitudes	Randolph
6. New Beginnings	
7. New Vision	Amy
8. Recovering Renegades	
9. Recovering Vigilantes	Helen
10. Rude Awakenings	Christie
11. Solutions W/ Serenity	
12. Spiritual Principles	Charlotte

taking any information back to your home groups if need be. This information will still be included in my report and be accessible in the minutes.

First I would like to start off with positions that are open for nominations at this time. Vice-Chair, H&I Chair, PR Chair are all open and need nominations.

The following two positions have nominations:

Speaker Jam Chair:

Rudolph C. – Nominated by Jim H.

- Qualifications:

- I have 8 years clean

- I have been in service since I was 5 months clean on a group level, GSR, programming chair of AVCNA, RCM for 2 years, and 2 years as the Regional speaker jam chair.

- I have a sponsor and he is heavily involved in service. I have a working knowledge of the 12, 12, and 12. I still have a desire of carrying our message and the willingness to serve.

Secretary – (nominations closed)

- Brian C. – Nominated by Bill M.

- Qualifications: I have six years clean, a home group, sponsor and am working the steps. Have a working knowledge of the Traditions and Concepts of Service. I was GSR of my home group, as well as Secretary and Treasurer for the New Dominion Area, Policy Chair for CARNA. I am the current Secretary of CARNA.

The following are motions that were sent back to area for vote:

a. **MOTION 175-4: Combining Regional Events (Back to Areas)**

Mover: Chuck K. (H&I) 2nd: Ted L. (Beach)

Motion: If no bids submitted, Speaker Jam should be held in conjunction with March & Sept. subcommittee meetings.

Intent: To promote unity throughout the region and provide a place for area trusted servants and NA members to meet and learn about our service efforts.

Amend Policy: Addendum 1, Section 7

Pro: Will save region money (Ted L – Beach)

Pro: It will support reaching more people to be involved in service. (Antoinette B. – Rappahannock)

b. **MOTION 175-6: Absentee Ballots (Back to Areas)**

Mover: Eddie W. (RD) 2nd: Sam S. (Appalachian)

Motion: To approve the use of absentee ballots so that any group unable to participate at the GSR Assembly may still participate in our Region's Conscience on CAR and CAT matters.

Intent: To serve in concert with our region's purpose by enhancing the conscience we carry to the World Service Conference

Pro: this will provide a better possibility of the RD Team being able to carry a bigger portion of our region's conscience at the WSC. This will provide a service to the groups. (Kim A – RDA)

c. **MOTION 175-7: Regional Budget (Back to Areas)**

Mover: Jim H. (Treasurer) 2nd: Andrew D. (Southside)

Motion: To approve the 2016 budget

Intent: To have a budget in place for 2016

NOTE: See budget attached to email for details

Central Atlantic Region
Proposed January 1 to December 31, 2016 Budget

Category	Expense	For	Approved 2015 Budget	2015 Monthly Funding	2016 Budget	2016 Monthly Funding	
A	Therapie	RSC & Assessing Services	\$1,000.00	\$1,166.67	\$7,000.00	\$1,166.67	
	Video	PC Use	\$20.00	\$17.33	\$100.00	\$17.33	
	Approved 100% Expense	Post & Courier Expenses	\$200.00	\$166.67	\$1,000.00	\$166.67	
B	Conferences	RSC Meeting Expenses: Mtg, food & beverage, AV equipment, travel & other supplies	\$600.00	\$1,100.00	\$600.00	\$1,100.00	
	RSC primary operations	Executive	\$100.00	\$166.67	\$100.00	\$166.67	
	RD Team	Correspondence & report preparation & distribution expenses for RD Team	\$100.00	\$166.67	\$100.00	\$166.67	
	Secretary	Secretary expenses associated with preparation & distribution of RSC minutes, reports, correspondence, and related office supplies	\$150.00	\$250.00	\$150.00	\$250.00	
	Treasurer	Treasurer expenses associated with preparation & distribution of reports, correspondence, and related office supplies	\$100.00	\$200.00	\$100.00	\$200.00	
	GRS Assembly	Expenses associated with meeting space rent, refreshments, food & beverage, & other supplies	\$1,500.00	\$2,500.00	\$1,500.00	\$2,500.00	
	CAH Workshops	CAH program line item expenses associated with meeting & business planning	\$1,200.00	\$2,000.00	\$1,200.00	\$2,000.00	
	Zone Forum	Expenses associated with holding Zone Forum events every 2 years	\$0.00	\$0.00	\$0.00	\$0.00	
	Zone Support	CAH's portion of zone expenses i.e. web domain	\$3.00	\$0.50	\$3.00	\$0.50	
	C	Travel	WISCONSIN	\$2,000.00	\$333.33	\$2,000.00	\$333.33
		WISCONSIN-2	Expenses associated with RSC attendance of bi-yearly WISC with \$55 per diem	\$2,000.00	\$333.33	\$2,000.00	\$333.33
		MARLCHAR-1	Expenses associated with RD attendance of yearly WISCONSIN	\$400.00	\$66.67	\$400.00	\$66.67
MARLCHAR-2		Expenses associated with RD attendance of yearly WISCONSIN	\$400.00	\$66.67	\$400.00	\$66.67	
MARLCHAR-3		Expenses associated with RD attendance of yearly WISCONSIN	\$400.00	\$66.67	\$400.00	\$66.67	
ALYRD		Expenses associated with RD attendance of Autonomy Zone Forum	\$400.00	\$66.67	\$760.00	\$126.67	
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ALYRDA-2		Expenses associated with RD attendance of Autonomy Zone Forum	\$400.00	\$66.67	\$760.00	\$126.67	
RD Service Events-WSA		Expenses associated with RD attendance of approved World Service Workshops or multi-regional service events (i.e., learning days, conferences)	\$600.00	\$1,000.00	\$0.00	\$0.00	
RD Service Events-WSA-Travel		Expenses associated with RD attendance of approved World Service Workshops or multi-regional service events (i.e., learning days, conferences)	\$600.00	\$1,000.00	\$0.00	\$0.00	
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D		Policy	Expenses associated with subcommittee meeting, preparation & distribution of reports & correspondence, service related material, literature, and purchase among (not to include refreshments)	\$300.00	\$50.00	\$300.00	\$50.00
	Project Drive	Expenses associated with subcommittee meeting, preparation & distribution of reports & correspondence, service related material, & literature (not to include refreshments)	\$300.00	\$50.00	\$300.00	\$50.00	

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Central Atlantic Region
Proposed January 1 to December 31, 2016 Budget

E	SpeakerJam	Expenses associated with subcommittee meeting - preparation & distribution of reports & correspondence, service related material, & literature (not to include refreshments)	\$120.00	\$20.00	\$120.00	\$20.00	
	Public Relations	Expenses associated with subcommittee meeting, preparation & distribution of reports & correspondence, service related material, & literature (not to include refreshments)	\$300.00	\$50.00	\$300.00	\$50.00	
	Hospitals & Institutions	Expenses associated with subcommittee meeting - preparation & distribution of reports & correspondence, service related material, & literature (not to include refreshments)	\$300.00	\$50.00	\$300.00	\$50.00	
	Hospitals & Institutions	Expenses associated with intimate literature purchases, correction facility library literature purchases, and H&I presentations, and events or workshops	\$1,000.00	\$166.67	\$1,000.00	\$166.67	
	SpeakerJams	RSC line-item approved expenses associated holding speakerjams in March & September each year including travel (\$500.00/year)	\$1,000.00	\$166.67	\$1,200.00	\$200.00	
	Overnight RSC	Overnight RSC expenses including overnight lodging, and food & beverage services (\$1000.00/overnight)	\$3,000.00	\$500.00	\$3,000.00	\$500.00	
	RD Team**	Travel expenses associated with RSC approved RD team attendance at Area events when requested by the Areas	\$600.00	\$100.00	\$600.00	\$100.00	
	Project Drive**	RSC approved expenses associated with communicating and/or visiting with isolated groups & interested ASC's including gas and long distance phone calls	\$0.00	\$0.00	\$0.00	\$0.00	
	Equipment repair/maintenance/Replacement	Repair, replacement, and maintenance of RSC laptop, projector, etc.	\$500.00	\$83.33	\$500.00	\$83.33	
	Public Relations	Expenses associated with Professional conference & community event registrations, paid radio spots, professional contact data base production, annual PR mailing, printed materials for reports, training, presentations, and travel	\$1,500.00	\$250.00	\$1,500.00	\$250.00	
	F	Subcommittee Travel	Expenses associated with travel in the performance of duties outlined in policy	\$600.00	\$100.00	\$600.00	\$100.00
		Hospitals & Institutions	Expenses associated with travel in the performance of duties outlined in policy	\$600.00	\$100.00	\$600.00	\$100.00
Public Relations		Expenses associated with travel in the performance of duties outlined in policy	\$600.00	\$100.00	\$600.00	\$100.00	
Speaker Jam		Expenses associated with travel in the performance of duties outlined in policy	\$600.00	\$100.00	\$0.00	\$0.00	
Ad Hoc		Expenses associated with travel in the performance of duties as defined by RSC when ad hoc is created	\$0.00	\$0.00	\$0.00	\$0.00	
G	Microtonary, expenses not included in budget	\$300 maximum	\$0.00	\$0.00	\$0.00		
			\$30,663.00		\$29,343.00		

* means bi-annual expense
** these lines were created for 2013 budget
*** this line item is once every three years and 2014 is our year to host line B9 was added to help support the Zone

The next RSC will be held on December 19, 2015 at 11:00a.m. in Charlottesville, VA at the UVA hospital.

Thank you for allowing me to serve,
Andrew D.

H&I Report:

Good Morning Family,

Let me start out by saying our meetings have been well attended, the last couple visits we had 15-20 women, this is the largest number of women I personally have witnessed in all my years of carrying the message to those who do not have access to regular meetings.

Also last week I was contacted by Chaplin Abernathy about a mandatory meeting for all NA members currently serving "Behind the Walls" ministry. The meeting has 2 time slots, I reached out to Jack C. about the men, and have reached out to the women, we are all planning to go on the Friday night meeting since the Saturday time slot is the same day as our Learning Day event, and we are announcing that anyone who is currently part of the H&I needs to attend the learning day as we will be going over policy and procedure as per NA. The Friday night meeting with Chaplin Abernathy is to go over changes in federal guidelines for all volunteers currently orientated. I also discussed with Chaplin Abernathy our Learning day, and an orientation for member who like to become involved with H&I; he said we could set up an orientation to get those members orientated after the Learning day.

Please continue to announce the Learning day at your home groups, as mandatory for current members, and encourage anyone with interest in serving H&I to attend.

ILS,

Helen M.

PR Report: Verbal report**Phone Carrier Report:**

Dear Area Service,

Thank you for letting me be of service for the phone line carrier for the last 3 months. We had a tough going for these last 3 months, but we have made some improvement with the phone line lately. We finally got the phone number right on the meeting list. We have 12 step volunteers in all 3 cities. I hope we can continue improving the phone line. We need more volunteers to help with the phone line flyers.

In Loving Service,

Durand

GSR Reports:

Name	Representative	Donation	Report – Written or Verbal
1. A New Beginning	Gail	\$80	written
2. A New Hope	Christa	\$	
3. Living Clean The Journey Continues	Sue	\$	Written
4. Never Alone, Never Again	Austin	\$	
5. New Attitudes	Randolph	\$10	
6. New Beginnings		\$	
7. New Vision	Amy	\$	
8. Recovering Renegades		\$	
9. Recovering Vigilantes	Helen	\$20	Written
10. Rude Awakenings	Christie	\$10	Written
11. Solutions W/ Serenity		\$	
12. Spiritual Principles	Charlotte		
13. Steps to Freedom	Thomas	\$	
14. Stick & Stay		\$	
15. Survivors		\$	

16. Steps to Recovery	Gerald	\$	Written
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Home Group reports

Recovering Vigilantes:

Good Morning Family,

All is well at RVHG, attendance has picked up, and we are very grateful to be of service to all seeking recovery.

November 12, Sheree W. will be celebrating 1 miracle year, she is having a dual speaker meeting for her anniversary, Jerry D. and Donnie M. are the speakers, please do come out and support this addict.

Also last week we discussed that at the end of the month our home group will be celebrating 31 years of carrying the message. More to be revealed about our anniversary celebration event. I will send out a flyer once we have group conscience, and the details are agreed upon, and request our web server to add to SSANA website calendar.

We have a \$20 donation.

ILS,

Helen M.

A New Beginning:

Hello Family,

We continue to need support for our meetings. We still only have four active homegroup members.

I attended the GSR conference in Franklin, VA and learned a lot about the needs of homegroups. We had great round table discussions on how to improve the needs we discussed. More will be revealed.

We have a donation of \$80.00

ILS,

Gail F.

Rude Awakenings:

Things are about the same in our HG. Attendance for all meetings has been down this month. We still have only 4 HG members. There has been "talk" about the possibility of having to find a new location for our meetings. We have a \$10 donation today.

In Loving Service,

Christie R.

Living Clean, The Journey Continues:

We need support filling homegroup commitments and are asking for members to join our group.

Steps To Recovery:

Hi Family,

We at Steps to Recovery would like to thank the fellowship for there support over the last year. We hope you will continue to support us. November 17th will be our one year anniversary and we will celebrate on the 30th of November. We hope you will come celebrate with us.

In Loving Service,

Gerald

New Vision:

Our meetings need support. We have a homegroup member celebrating 4 years on November 16 at 8pm at Holy Trinity and that will be a speaker meeting.

OLD BUSINESS:**NEW****BUSINESS:**

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Motion 175-4 Passed 9-0-2

Motion 175-6 Passed 8-0-3

Motion 175-7 Passed 11-0-0

****Take back to home groups to discuss about having combined AA/NA New year event.**

Meeting for next month: Danville, VA on December 6, 2015

Motion to close Amy given by seconded by Durand.

In Loving Service,

Amy S.

Email: asimpkins1976@gmail.com if you have any reports that can be emailed. I will happily add them to the minutes. All GSR's please take detailed notes so that you may have discussions within your home group.

If you need your minutes mailed to you via USPS, please give me an envelope with your address on it. You can also print the minutes for the SANA web site.

Thanks!!